



Retreat but no surrender: net-spinning caddisfly (Hydropsychidae) silk has enduring effects on stream channel hydraulics

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Abstract Animals and plants engineer their physical environment by building structures that create or modify habitat. Biotic effects on physical habitats can influence community composition, trophic dynamics, and ecosystem processes; however, the scales and mechanisms regulating the importance of biotic engineering effects are not well documented. We used a laboratory experiment with common and abundant silk net-spinning caddisflies (Trichoptera:Hydropsychidae) to investigate how biotic structures built in riverbeds influence fluid dynamics at micro spatial scales (1 cm) over 2 months. We made velocity measurements with acoustic doppler velocimetry around caddisfly silk structures to test how they influence flow velocity and whether these effects are maintained after the structure is abandoned. We found that caddisfly retreats reduced flow downstream by 85% and upstream by 17% compared to gravels without caddisfly retreats. We also found that experimentally abandoned caddisfly retreats could persist

for at least 60 days, suggesting legacy effects of the structures. Although aquatic insects are rarely accounted for in hydrological models, our study suggests that small, but numerous caddisfly larvae could have substantial hydraulic effects. Future work could address variation in the magnitude and duration of biotic engineering among different silk-producing species, densities through space or time, and hydrologic regimes.

Keywords Aquatic insect · Ecohydrology · Ecosystem engineer · Habitat modification · Legacy effect · Velocity

Introduction

Organisms that maintain, modify, or create habitat for themselves or other species can have substantial effects on environmental physical processes (Jones et al., 1994; Jones, 2012). These effects derive from activity of animals and plants that range in body size, abundance, and behaviors and can result in a fundamental influence on landscape features (Cuddington et al., 2007). Although a large body of research has focused on the engineering role of vegetation, the potential importance of animals as ecosystem engineers is increasingly recognized (Romero et al., 2015). For example, burrowing of terrestrial invertebrates

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such as termites can regulate soil moisture and nutrient levels (Elkins et al., 1986) and structures built by marine and freshwater invertebrates such as mussels can intercept flow and provide space for other organisms (Gutiérrez et al., 2003). However, despite progress toward identifying case studies of ecosystem-engineering taxa, the scales and mechanisms regulating ecosystem-engineering effects are often not well documented.

In river ecosystems, invertebrates have long been recognized as important drivers of ecosystem function, providing substantial insight into patterns of disturbance (Resh et al., 1988; Lytle & Poff, 2004; Herbst & Cooper, 2010), biotic interactions (Hemphill & Cooper, 1983; Heino et al., 2003; Holomuzki et al., 2010), and processing of material (Vannote et al., 1980; Wallace & Webster, 1996). A growing body of research also demonstrates how invertebrates drive the processes that shape their physical environments. Variation in physical factors such as flow velocity influences the abundances and distributions of river organisms (Poff et al., 1997), and at the same time, it is increasingly recognized that these animals themselves are major controls of physical dynamics (Rice et al. 2012; Albertson & Allen, 2015). For example, black-fly larvae produce sticky silk that enhances colonization of biofilm communities (Hammock & Bogan, 2014). Stonefly larvae modify microhabitat quality as they pursue prey by vigorously moving sediments out of interstitial spaces in gravel beds (Zanetell & Peckarsky, 1996). Crayfish regulate sediment transport at baseflow by suspending fine sediment (Harvey et al., 2014), with especially pervasive effects on physical processes and native communities in areas where they are invasive (Wilson et al., 2004; Kuhlmann & Hazelton, 2007). Taken together, the relationships and feedbacks between river invertebrates and their physical environments are important to understanding the functionality of freshwater ecosystems.

Reciprocal relationships between organisms and physical flow characteristics of river ecosystems are likely to result in feedbacks that operate over various spatial and temporal scales (Naiman et al., 1999; Fisher et al., 2007; Corenblit et al., 2008). Flow can be described, measured, and modeled at a variety of spatial scales, from local patterns operating over seconds to large trends operating over centuries (Blöschl & Sivapalan, 1995; Anderson et al., 2006).

An important step in refining predictions of the forces that influence hydrodynamics, including local-scale hydraulics, is to include animal–physical interactions (Moore, 2006; Jones, 2012). For example, macrophytes can alter flow conditions and create novel habitats for other organisms who utilize the altered flow regime (Dodds, 1991; Sand-Jensen, 1998; Cornacchia et al., 2019). Identifying legacy effects that occur either over extended time scales or after the engineering organism abandons its structure could help detect the temporal and spatial extent over which the ecosystem engineers are most important. For example, fossil records demonstrate that caddisfly nets and retreats altered paleo tufa deposition (Drysdale et al., 2003) and aggregations of case building caddisflies that created carbonate mounds affected sedimentary development of nearshore lake habitats over geologic timescales of ~ 50 million years (Leggitt & Cushman, 2001). Furthermore, net-spinning caddisflies show larger-scale effects on stream ecosystem processes like decadal sediment flux and interstitial velocities that initiate from micro-scale habitat modifications (Juras et al., 2018; Albertson et al., 2019). Despite recognition that ecosystem engineering could have far-reaching spatial and temporal influences, measurements of the extent of structures produced or altered by animals in streams are still rare (Hastings et al., 2007; Cuddington, 2011).

To study invertebrate influences on near-bed flow hydraulics over time, we studied net-spinning caddisfly insect larvae. Caddisflies in the family Hydropsychidae are aquatic as larvae, spending several months to a year in the water before emerging into nearby terrestrial habitat as adults to mate and lay eggs. As larvae, they require flowing, well-oxygenated water and occupy a variety of habitat types including gravel and cobble beds, travertine step pools, and stationary woody debris (Wiggins, 1977; Mackay and Wiggins, 1979; Morse et al., 2019). They produce silk threads that they weave into a mesh catchnet and retreat that they use to filter food particles from the water column. These silk structures can occupy surfaces and pores of substrates and their location is strongly influenced by velocity and food availability (Hildrew & Edington, 1979; Georgian & Thorpe, 1992). Detailed work has described how caddisfly silk net retreats influence food delivery (Cardinale et al., 2002; Brown et al., 2005) and geomorphological characteristics such as incipient sediment motion and bed load transport by binding

gravels together and increasing critical shear stress required for motion (Statzner et al., 1999; Cardinale et al., 2004; Johnson et al., 2009; Albertson et al., 2014b). Some evidence also suggests that the silk structures influence local hydraulics by slowing down flow and altering turbulence (Cardinale et al., 2002; Juras et al., 2018). These changes to the physical geomorphological and hydrological conditions at the riverbed potentially provide a low flow refuge for other aquatic insects (Nakano et al., 2005; Tumolo et al., 2019). However, we still have limited measurements of caddisfly silk structures on local flow velocity or estimates of how long any potential effects on hydraulics may persist following the loss of the caddisfly. Importantly, these types of micro-scale measurements documenting the effect of caddisfly structures on hydraulics could be useful in better parameterizing broader-scale models of near-bed flow velocity, shear stress, and sediment transport (Juras et al., 2018).

To investigate how the silk structure of a common aquatic insect influences micro-scale hydraulics in streams, we used a laboratory experiment to measure how caddisfly silk net retreats alter water velocity. We asked the following questions: Do caddisfly retreats influence local flow? Do they continue to alter velocity over time? And, how long do retreats last once abandoned? This study provides insight into the potential impacts that insects exert on hydrodynamics. Furthermore, this study elucidates the role of animal-influenced local-scale hydraulics that could be important for upscaling to models of benthic community composition, abundance, and processes such as nutrient delivery and sediment erosion.

Materials and methods

Study organism and collection

Net-spinning caddisflies in the family Hydropsychidae filter-feed by producing silk that they weave into a mesh catch net attached to a retreat used as refuge when not feeding. We refer to this biogenic structure as the silk structure or silk net retreat. Caddisfly densities within the Rocky Mountain West where our study was performed range from 100 s to over 7000 m⁻², with individuals building their silk net retreats on the upper or lower surfaces of grains, as

well as in pore spaces (Oswood, 1979; Hauer & Stanford, 1982; Valett & Stanford, 1987). For the experiment, caddisfly retreats were collected by hand in Bozeman Creek (45° 40' 33" N, 111° 01' 55" W) by carefully selecting gravels of approximately 60 mm *b*-axis (or intermediate) diameter. Each gravel selected had a single retreat positioned approximately in the rock's center and on the top surface. We targeted this precise arrangement of the retreat (on the rock surface) and a consistent rock size as the primary goal of the sampling scheme instead of targeting any particular species of hydropsychid, and as a result, our inferences about the effects of silk net retreats on hydraulics can only be drawn to the family level. This sampling technique resulted in a total of 29 caddisflies of the family Hydropsychidae. Caddisflies and their corresponding retreats attached to rocks were collected on the 29th of November, 2017 and moved to the laboratory for the experiment by carefully securing the rocks in a cooler of stream water within 60 min so that the silk structures were not disturbed or dried out during the moving process. Rocks of the same size (60 mm diameter *b*-axis) without caddisfly structures were used as controls (hereafter 'control') to measure and characterize flow over smooth gravel surfaces without the influence of caddisfly silk net retreats. These control rocks were selected from the stream at the same time as caddisfly retreat rocks. To test legacy effects on flow and persistence of the retreat structures in a laboratory stream, the retreats were experimentally abandoned. Caddisflies were encouraged to abandon their retreat by gently poking each retreat with blunt forceps, an activity that easily encourages caddisflies to move out of the front end of their retreat. Retreats were not used for the experiment if no caddisfly was initially present. We measured the size of the caddisfly individuals that were removed from the retreats used in the experiment and they averaged $18.24 \pm \text{SE } 0.66$ mm in length, indicating that all individuals were fourth instar developmental stage and similar in body size, indicated by the small variation about the mean.

Experimental design

We conducted this experiment in laboratory flumes (Fig. 1a, b) housed at Montana State University, Bozeman Montana, USA. The flumes (1.2-m long × 0.15-m wide × 0.20-m deep) have a motor attached to

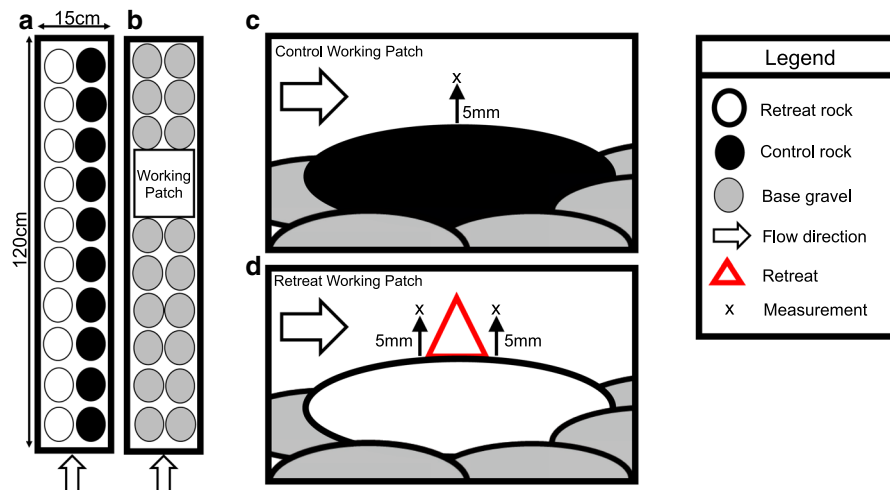


Fig. 1 Experimental design schematic showing **a** aerial view of an example of a holding flume that housed paired retreat and control rocks for the 61-day experiment, **b** the experimental working flume where the retreat or control rocks were carefully moved by hand into a working patch surrounded by similarly

sized sediments, and **c, d** side view of the position of measurements in the experimental flume for either retreat or control rocks where velocity measurements were made along the smooth surface for controls and both up- and downstream of the caddisfly structure for retreats

a shaft and propeller that recirculates water through the flume and over the observational sediment units using an electrical speed control box (Albertson et al., 2014a). Caddisfly silk net retreats were housed in three holding flumes where velocity was held constant at 0.15 m s^{-1} (Fig. 1a). Each silk net retreat on a rock was paired with a control rock of similar size and weight, but with no retreat present on its surface. The control rocks were also housed in the holding flumes. To investigate whether the caddisfly retreats influenced local flow, we measured velocity on day 1, 3, 5, 10, 15, 30, 45, and 60 of the experiment. Day 1 occurred on the 1st of December, 2017. During measurement days, silk net retreat rocks or control rocks were individually placed in a fourth experimental flume (Fig. 1b) where velocity in the water column was measured for control rocks at one location in the center and 5 mm above the rock surface and for retreat rocks at two locations 5 mm above the rock surface at (i) 5.0 mm in front of and (ii) 5.0 mm behind each retreat (Fig. 1c, d). This sampling scheme resulted in three treatments: upstream of a caddisfly structure, downstream of a caddisfly structure, and smooth-surface control. We measured velocity in two locations around the silk net retreat structure, but just a single location for the smooth-surface control because

we expected that the structure itself might influence flow velocity in multiple directions if it created an upstream eddy or downstream current shadow. We made substantial efforts to take spatially consistent measurements throughout the duration of the experiment by placing rocks at the same depth, orientation, and location during each measurement day. Retreats were used as a landmark so that the rock was placed into the experimental flume with the retreat at the flume's longitudinal centerline and the retreat opening oriented perpendicular to the flow. When individual silk net retreat rocks were moved to the experimental flume, velocity was initially 0 ms^{-1} and then slowly raised with the speed control box to 0.3 ms^{-1} to avoid loss of material due to flow shock. Levels of near-bed flow used in this experiment ($0.15\text{--}0.3 \text{ ms}^{-1}$) are representative of nature and typical of those used to study net-spinning caddisflies (Carling et al., 1992; Albertson et al., 2014a). To quantify degradation of the silk over time, each silk net retreat was photographed immediately before velocity measurements were taken on each measurement day from the same angle and distance using a custom landmarked grid and digital camera (Fig. S1). When measurements were complete, the retreat and control rocks were returned to their holding flume.

Characterizing flow and the caddisfly retreats

All flow velocity measurements were taken using a Vectrino micro acoustic doppler velocimeter (ADV) at a measurement rate of 25 Hz (Nortek, Norway). This velocity meter was chosen for its ability to offer high spatial accuracy velocity measurements in small sampling volumes (Nortek, 2005) close to the streambed (Brand et al., 2016). Velocity was measured at 5 mm above the rock surface at the location 5 mm upstream and 5 mm downstream of each silk net retreat. In control rocks, velocity was measured in the rock center and 5 mm above the rock surface. The experiment was designed in this way because measurements were taken over 2 months for each retreat, so that the retreat itself could not be removed to make a smooth-surface comparison on the same exact rock. Instead, we used a paired, control rock as a smooth-surface comparison by necessity. For the measurements taken upstream and downstream of the retreat structure, the sample area volume of the ADV (called the sampling cell) was 4 mm tall by 1 mm wide and was placed in the horizontal center of the retreat structure (Nortek, 2005). For the silk net retreat rocks, we estimated the reduction in flow caused by the retreat, calculated as the downstream flow minus the upstream flow. We expected some measurement variation across all rocks, including those in control treatments, across measurement days because the technologically advanced ADV takes high-resolution velocity measurements that are sensitive to small differences in probe or rock placement. The potential sources of measurement error associated with this variation do not, however, override our ability to detect how the caddisfly retreats alter water velocity or compare velocity measurements across our experimental treatments (Fig. S3). Retreat height was measured as a possible covariate to explain variation in any hydrologic response. Height was measured from silk net retreat photographs using ImageJ software as the vertical distance in mm from the uppermost surface of retreat perpendicular to the retreat's attachment site at the rock's surface.

Data analysis

Flow velocities and retreat height were compared across treatments over the duration of the experiment using linear mixed effects models. A linear mixed

effect model comparing flow velocities among treatment locations over the duration of the experiment included the fixed effects of treatment, day and the random effects of individual retreat, and individual retreat nested within sampling date. In addition to comparing velocity among treatments, we analyzed changes in retreat height throughout the experiment using a separate linear mixed effects model. Differences in retreat height were compared across three levels of persistence (low = 31 days, medium = 45, and high = 61), and persistence was defined as the presence of the silk net retreat on the rock surface during the particular measurement period. Retreat height was compared across persistence level using a linear mixed effect model with persistence and day as fixed effects and the random effects of individual retreat and individual retreat nested within day. Both of these linear mixed effect models used day as a categorical variable and accounted for the non-independence of samples taken on the same study retreat over multiple sampling events by using a standard mixed model repeated measures design where individual retreat was nested within sampling day (Bolker, 2008; Zuur et al., 2009). All mixed effects models were fit with the lme4 package (Bates et al., 2015) and significance was tested using a Kenward–Roger denominator degrees of freedom approximation (Kenward & Roger, 1997; Bolker et al., 2009). Post hoc comparisons of least squares means and confidence intervals for response variables between treatments were calculated using the lsmeans function (Lenth, 2016). Linear regression was used to test for a relationship between retreat height and flow reduction. All linear mixed effects model and linear regression analyses were conducted using R version 3.3.1 (R Development Core Team, 2016).

Results

Caddisfly silk retreat structures influenced local flow velocity and persisted for much longer than expected. We detected a significant negative effect of retreat presence on local flow velocity ($F_{2,384} = 424.81$, $P = 0.001$; Fig. 2, Tables 1, 2). Velocity was 81% lower downstream of abandoned retreats compared to upstream of retreats (0.035 ± 0.008 vs. 0.192 ± 0.008 m s⁻¹ $T_{385} = -24.863$, $P = 0.001$). Additionally, flow velocity was 84% lower

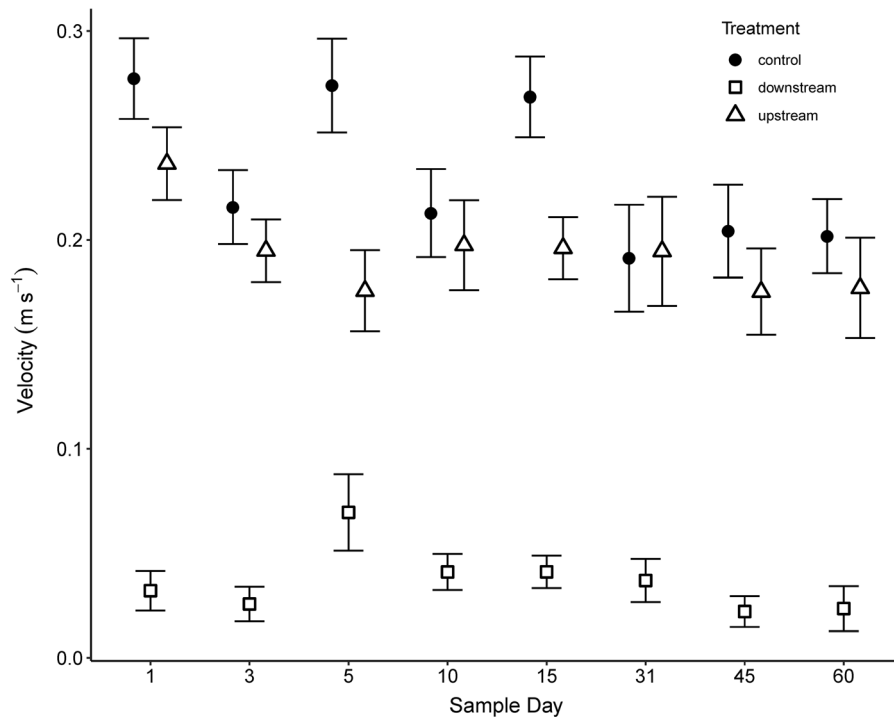


Fig. 2 Velocity (m s^{-1}) measurements (mean \pm SE) compared among control (solid black circle), upstream (open triangle), and downstream (open rectangle) sampling location treatments across the eight sampling dates of the experiment

Table 1 Kenward–Roger analysis of variance (ANOVA) table with Kenward–Roger approximations for degrees of freedom testing for differences in velocity among locations around retreats across the eight sampling dates of the experiment (day)

Velocity (m s^{-1})				
Source of variation	Num. df	Den. df	<i>F</i>	<i>P</i>
Location	2	384	484.21	0.001
Day	7	167	2.84	0.008
Location \times day	14	384	1.55	0.092

Bold indicate significant values ($P \leq 0.05$)

downstream of retreats compared to the surface of control rocks (0.035 ± 0.008 vs. $0.229 \pm 0.008 \text{ m s}^{-1}$, $T_{384} = 28.659$, $P = 0.001$) and 17% lower upstream of retreats compared to control rocks (0.192 ± 0.008 vs. $0.229 \pm 0.008 \text{ m s}^{-1}$, $T_{385} = 3.877$, $P = 0.001$). Although retreats consistently reduced downstream and upstream flow compared to control rock surfaces for the duration of the 61-day experiment (Table 2; Figs. 2, 3), velocity did vary across all three treatments over the eight measurement

Table 2 Post hoc tests of Kenward–Roger comparisons (see Table 1) between control, downstream, and upstream locations across the eight sampling dates of the experiment based on the estimates of least squares means of V_x

Velocity (V_x)				
Contrast	LS means	df	<i>t</i>	<i>P</i>
Control-downstream	0.19	384	28.66	0.001
Control-upstream	0.04	385	3.88	0.001
Downstream-upstream	-0.16	385	-24.86	0.001

Bold indicate significant values ($P \leq 0.05$)

days (Table 1; Fig. 3), with the most pronounced variation on days 1, 5, and 15 (Fig. S3). The range of retreat sizes used in this experiment reduced near-bed flow velocities at comparable magnitudes, and we detected no correlation between retreat height and a reduction in flow ($R^2 = 0.043$, $P = 0.282$; Fig. S2). We observed that all 29 abandoned caddisfly retreats (100%) persisted for at least 15 days, with 97% (28 retreats) lasting 31 days, 79% (23 retreats) for 45 days, and 59% (17 retreats) for 60 days (Fig. 3).

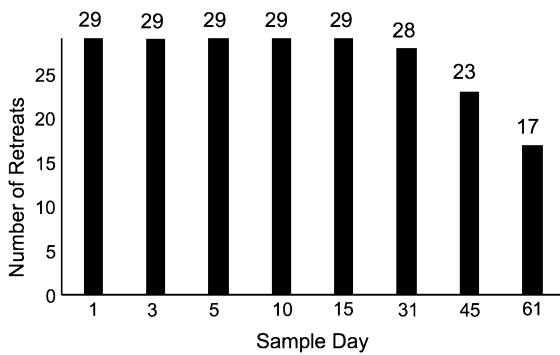


Fig. 3 Number of retreats that remained and held their structure over the duration of the experiment

Given the differences in persistence that we observed, we categorized the duration that retreats lasted as persistence levels of 31, 45, or 60 days. We detected a significant interactive effect of persistence level and day on retreat height ($F_{11,165} = 1.88$, $P = 0.046$; Table 3), suggesting that changes to retreat height over time varied differently for the different persistence levels (Fig. 4). Overall retreat height declined throughout the experiment when pooled across all persistence levels by 2.1 mm. Retreats that persisted for shorter amounts of time appeared to change height the most, while retreats that persisted for the entire duration of the experiment maintained their height (Fig. 4).

Discussion

Animals and plants can influence physical ecosystem processes, but the magnitudes, scales, and mechanisms controlling these biotic forces are not well

Table 3 Kenward–Roger analysis of variance (ANOVA) table with Kenward–Roger approximations for degrees of freedom testing for differences in retreat height among persistence levels across the eight sampling dates of the experiment

Retreat height				
Source of variation	Num. df	Den. df	<i>F</i>	<i>P</i>
Day	7	165	9.08	0.001
Persistence	2	26	2.66	0.088
Persistence × day	11	165	1.88	0.046

Bold indicate significant values ($P \leq 0.05$)

documented. Here, we show that a silk net retreat built by a common aquatic insect, the hydropsychid caddisfly, can reduce flow velocity by up to 85%. Additionally, the persistence of silk net retreats recorded in this study exceeds that of any previous reports of which we are aware by $4 \times$ (Albertson & Daniels, 2016). The findings from this experiment support those from fluid dynamics modeling showing that simulated, aggregated hydropsychid silk structures in the pore spaces of a gravel bed (0.2 m^2) can reduce velocity at larger spatial scales by up to 70% when measuring the influence of multiple silk structures (Juras et al., 2018). Previous work shows that caddisfly silk structures of populations of this filter-feeding insect are arranged to maximize interception of flow, suggesting that changes to near-bed hydraulics induced by these insects may influence not only the physical process itself, but also ecological processes such as food delivery rates (Georgian & Wallace, 1981; Cardinale et al., 2002). Our findings also provide evidence that a reduction in flow velocity may extend both upstream and downstream of the structure, highlighting the need for a more detailed, mechanistic understanding of the spatial extent to which biology influences physical processes.

Although most work investigating biotic influence on flow has focused on larger species such as fish or crustaceans, our experiment reveals that small but numerous aquatic insects could also have a strong biotic influence (Albertson & Allen, 2015; Romero et al., 2015). Conspicuous vegetation, woody debris jams, and beaver dams are widely recognized to impact channel flow, groundwater exchange, water storage, and timing of discharge (Naiman et al., 1988; Edwards et al., 1999; Herberholz et al., 2007; Kramer & Wohl, 2015). In other systems, large structures such as corals influence wave action (Quataert et al., 2015) and mussel beds modulate water currents (Walker & Grant, 2009). Probably because of their small size, aquatic macroinvertebrates as engineers have largely been ignored despite mounting evidence suggesting they could play a large role in creating or modifying natural environments (Romero et al., 2015). For example, midge (Chironomidae: Diptera) larvae stabilize sediments in ways that influence crustacean cladoceran communities (Webert et al., 2017). Mussels and crayfish alter sediment stability and sorting dynamics (Creed & Reed, 2004; Allen & Vaughn, 2011). Hydropsychid caddisflies increase calcium

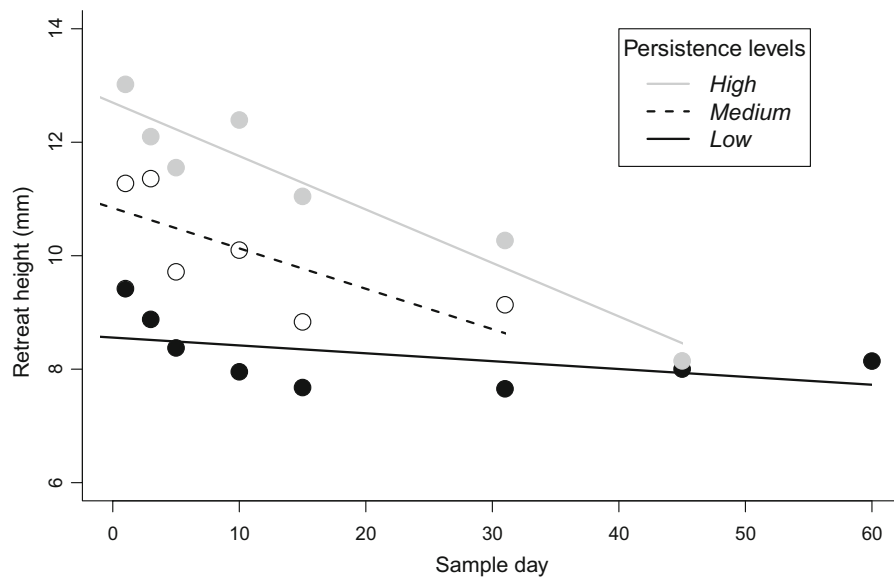


Fig. 4 Mean retreat height over the duration of the experiment categorized by retreat persistence level with lines of best fit. Persistence was categorized as retreats that lasted 31 (low, open black circle), 45 (medium, closed gray circle), or 61 (high,

closed black circle) days. Retreats that lasted longer (high persistence) were more likely to maintain their starting height over the duration of the experiment

carbonate precipitation in travertine streams, potentially by reducing flow velocity (Drysdale, 1999). Hydraulic models show that simulated aggregations of hypsychid caddisfly nets at a density of 735 m^{-2} reduce near-bed velocity and shear stress by decreasing interstitial flow (Juras et al. 2018). Thus, micro-scale impacts of individual net-spinning caddisflies like those observed in our study likely propagate to broader spatial scale effects on stream hydraulics and shear stress when multiple caddisflies are present in a stream. If these small but often abundant animals influence physical processes and habitat formation in natural streams, the consequences could be wide reaching for biological communities and ecosystem functions. For example, the silk structures can provide a low flow refuge to mayflies (Nakano et al., 2005) and influence colonization patterns of other benthic invertebrates (Tumolo et al., 2019).

The physical response of stream fluid dynamics to insect structures is understudied but could play a key role in identifying the feedbacks that exist between aquatic insects and hydrological and geomorphological processes (Albertson & Allen, 2015). Extensive research has identified the micro-scale habitat features, including water velocity, that regulate caddisfly colonization and habitat selection (Osborne &

Herricks, 1987; Georgian & Thorpe, 1992; Harding, 1997). At the same time, our analysis echos a growing body of literature showing that these organisms themselves may be influencing local water flow dynamics. If insects are building structures that influence flow patterns at river bed surfaces, this effect may alter flow patterns in several ways, including velocity, velocity profiles, and drag on substrate (Wilcock, 1996; Church, 2006; Juras et al., 2018). Most of the work to date investigating caddisfly engineering has focused on the geomorphological consequence of silk for sediment movement (Statzner et al., 1999; Cardinale et al., 2004; Johnson et al., 2009). If caddisflies are altering flow patterns within the bed when they build silk structures in pores or the bottom surfaces of gravels, then caddisflies may also alter the connection between the river channel and groundwater by influencing hyporheic exchange and vertical hydraulic gradient. Previous work in streams has shown that other macroinvertebrate behavior below the riverbed surface can increase streambed hydraulic conductivity and enhance hyporheic exchange through bioturbation (Song et al., 2010). In other ecosystems, biological activity of biofilms, insects, or vegetation can markedly influence infiltration rates and hydraulic conductivity that ultimately

has a large influence on soil crusts and macropores (Elkins et al., 1986; Tongway et al., 1989; Anderson, 2000). Our results show a large reduction in flow velocity 5 mm downstream of structures built at the rock surface, potentially occurring because of increases in drag and current blocking. We also show considerable flow reduction immediately upstream (5 mm) of retreats, possibly due to eddy formation or current blocking. Because we made point measurements of velocity at 5 mm above the rock surface and all of the retreats in our study were 5 mm or larger in height, it is not surprising that we did not detect a relationship between retreat height and flow reduction. However, natural silk net retreats of variable size could still differentially influence flow by altering near-bed roughness and turbulence throughout the water column and in pore spaces. Future hydraulic modeling efforts might consider how important ecological complexities such as microdistributions of the engineer (i.e., caddisflies occupying tops, bottoms, or sides of grains; subsurface grains) and size of the biotic structure influence patterns of flow.

Some of the retreats in our study lasted longer than others, suggesting variation in caddisfly engineering that may result from several non-mutually exclusive factors. Hydropsychid caddisflies have alternative forms of silk structures depending on several environmental factors, including pollutants, flow velocity, and species (Petersen & Petersen, 1983; Loudon & Alstad, 1992; Balch et al., 2000; Wiggins, 2007; Albertson et al., 2014b). A growing body of literature highlights the importance of both inter- and intraspecific trait variation in modulating animal–environment relationships (Bolnick et al., 2011; Balik et al., 2018). In our study system, this variation in form and durability of the caddisfly retreat structures could mediate how much a particular retreat influences local flow conditions since evidence does suggest that net-building design is plastic and not under strict genetic control (Plague & McArthur, 2003). Variation could result from how individuals create the architecture and geometry of their silk net retreat, composition of the retreat material including small pebbles and twigs, tensile strength, and durability of the silk, building position and thus exposure to flow, proximity to neighboring retreats, and velocity shadows, life history, instar stage and size, and previous amount of time in the river before being harvested for this experiment. The importance of considering this

variation is highlighted by our observations that smaller silk net retreats appeared to persist for the longest amount of time, perhaps because they were in lower chronic velocities than relatively tall retreats protruding into the near-bed flow. Future work might specifically consider genus and species identity since other caddisfly genera, such as *Macronema*, have fundamentally different tube nets that could intercept flow differently from hydropsychid nets (Mackay & Wiggins, 1979). In this experiment, we can only draw conclusions about the effects of Hydropsychidae on micro-scale flow dynamics, but it will be important to investigate differences in flow-reducing ability across different genera or species.

Although caddisflies tend their nets to repair damage and maintain the most efficient structure (Runde & Hellenthal, 2000), events happen in natural streams that may cause a caddisfly to leave or abandon its structure. We hypothesized that unattended silk retreat structure could have legacy effects. Although we have not tested which of these mechanisms are operating most frequently, a structure may be unattended if the caddisfly drifts downstream during a flood, gets eaten by a predator, or finds a more suitable net-building location. Other caddisflies may then colonize the abandoned structure, or the structure may be left to degrade (Englund & Olsson, 1990). In our study, we demonstrate for the first time that these structures may last up to 2 months, albeit in a simulated stream. However, next steps will be to document caddisfly retreat effects on hydraulics over time under natural stream conditions. Other ecosystem engineers are also likely influenced by events that may disrupt or reset the engineering structure or activity through space or time, resulting in feedbacks (Reinhardt et al., 2010; Atkinson et al., 2018). Future work could document how long these structures last in a natural stream that has variation in flow conditions, water temperatures, and potential for recolonization by new engineers, which are all important features that may increase or decrease decay rates.

The scale of our experiment highlights the importance of time and space in regulating biotic effects on physical conditions. Temporal legacies of larger biogenic structures create macro-habitats and ecotones that act as important ecological refugia. For example, coral reefs or beaver dams continue to provide nursery grounds for fish long after the death of the engineer (Burchsted et al., 2010). Legacies of

ecogeomorphic processes such as ecosystem engineering can be important for understanding current processes and predicting future trajectories (Harding et al., 1998). Understanding the scale of influence of ecosystem engineers has been called for, yet we still lack information defining precise physical effects of structures. Furthermore, we have yet to use this information to effectively predict the spatio-temporal extent of engineering impacts (Wright & Jones, 2006; Hastings et al., 2007). Recent research highlights how ecosystem engineering and modification of burrowing structures in soil regulate precipitation legacies and thus vegetation communities over long time scales (Grinath et al., 2018). In our study system, temporal fluctuations in the number of silk net retreats present in the streambed as caddisflies move through their natural life cycle and build pupal cases to merge as adults could ultimately add complexity to their effects on physical processes and dictate when and where these effects on flow are most important (Benke & Wallace, 1980; Benke & Huryn, 2010). The measurements in this study are admittedly on spatial scales immediately relevant to a single caddisfly silk structure. However, alteration to near-bed flow at these relatively small spatial scales is pertinent for habitat selection by diatoms and macroinvertebrates (Pringle, 1985; Davis & Barmuta, 1989). Furthermore, caddisflies can reach densities of over $10,000 \text{ m}^{-2}$, resulting in a matrix of thousands of silk net retreats arranged on the streambed and within gravels (Cardinale et al., 2002; Albertson et al., 2019). An exciting area for future research is to address how spatial variation in biotic structure density, size, and arrangement influences fluid dynamics.

Understanding how biology controls physical processes is becoming increasingly relevant in light of altered hydrological and geomorphological regimes. Ecosystem engineering and the mechanisms regulating biotic effects are understudied, but could play a fundamental role in shaping natural ecosystems (Gribben et al., 2009). Further understanding of the mechanisms and scales involved in biogenic effects on flow could help determine how to better incorporate biotic structures into physical process models (Reinhardt et al., 2010; Atkinson et al., 2018).

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Author contributions All authors designed the study and wrote the paper. ZM and BBT conducted the experiment and analyzed the data.

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Compliance with ethical standards

Conflict of interest The authors declare that they have no conflict of interest.

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