

Montana State University Extension Caregiver Respite Food Program

Unpaid family caregivers* can receive either
prepared meals delivered by Orders Up

or

Meal kits delivered by
Hello Fresh or Blue Apron

*Promoting respite for caregivers when they
need it most by making meal prep easier.*

*No income restrictions.

Please contact Daniel Koltz for more information
at daniel.koltz@montana.edu
or call 406-613-8191

