



Cascade County 4-H Rifle Skills Sheet

NAME: _____ 4-H CLUB: _____

Mastering rifle skills will provide a solid foundation upon which a member may build. The skills listed below will help 4-H members achieve success in the project. For your Record Book to be complete, you must complete at least 3 new skills each year. Each skill must be approved by a Certified Instructor when completed.

Skill	Date Completed	Approved By
Demonstrate how to determine your eye dominance		
Know/list the 4 basic firearm safety rules		
List at least 2 different types of eye and ear protection and why they are important when shooting firearms		
Demonstrate proper shooting range etiquette		
Demonstrate basic range commands		
Identify the basic parts of a rifle (verbally or visually)		
Identify the function or purpose of each part of a rifle (verbally or visually)		
Identify the three different types of sights		
Describe sight alignment with different types of sights		
Explain the reasons for dry firing a rifle		
Demonstrate the loading and unloading process of a rifle		
Demonstrate rifle marksmanship fundamentals		
Demonstrate how to properly hand off and receive a rifle from another person		
Evaluate your home for safe firearm storage		
Shoot for groups at the bench rest position		
Describe the relationship between sight alignment and sight picture		
Attend a 4-h or other registered shoot		
Demonstrate how to clean and care for a rifle		

Explain proper storage of a firearm		
Explain proper transportation of a firearm		
Attend a gun show		
Trace the history of a specific rifle and write about it		
Demonstrate how to score a target		
Refinish a gun stock		
Disassemble and clean a rifle		
Assist in organizing or running a 4-H Shooting Sports activity		
Teach other shooters how to determine eye dominance		
Demonstrate how to score a shooting event		
Demonstrate fitting of a rifle to a shooter		
Demonstrate or list safety principles related to hunting with a rifle		
Make and present a presentation about responsible gun ownership		
Make a pellet trap, bullet trap, or target holder		
Construct a shooting bench		
Under supervision of your 4-h shooting sports instructor, act as a range officer during a practice shoot		
Volunteer to help at a local club scoring or pulling		
Help during cleanup of your practice range		
Enter a project in your local fair that pertains to rifle		
Introduce someone new to the sport of rifle shooting		